





ULTRA ACCESS World Cancer Day.

In support for all those affected or who've lost loved ones...

World Cancer Day.

Which is observed annually on February 4 each year, is an international initiative led by the **Union** for International Cancer Control (UICC).

Its mission is to raise awareness about cancer, educate people about the disease, and inspire governments to take action.

The goal is to make life-saving cancer treatments available to everyone, prevent the disease, and reduce cancer-related deaths worldwide.

The day is recognized and supported by member states of the United Nations...

Cancer is a terrible disease that affects many tens of millions of people across the world, either directly or indirectly.

It is caused when some of the body's cells grow and spread uncontrollably to other parts of the body - where they may not supposed to be.

Cancer can start almost anywhere in the human body, which is made up of trillions of cells. Normally, human cells grow and multiply (through a process called cell division) to form new cells as the body needs them. When cells grow old or become damaged, they die, and new cells take their place.

Sometimes this orderly process breaks down, and abnormal or damaged cells grow and multiply when they shouldn't. These cells may form tumours, which are lumps of tissue. Tumours can be cancerous or not cancerous (known as Benign).

<u>Cancerous Tumours:</u> Spread into, or invade, nearby tissues and can travel to distant places in the body to form new tumours (a process called Metastasis). Cancerous tumours may also be called malignant tumours. Many cancers form solid tumours, but cancers of the blood, such as leukemias, generally do not.

<u>Benign Tumours</u>: Do not spread into, or invade, nearby tissues. When removed, benign tumours usually don't grow back, whereas cancerous tumours sometimes do. Benign tumours can sometimes be quite large, however. Some can cause serious symptoms or be life threatening, such as benign tumours in the brain.

With many scientific breakthroughs the past few years, with labs specifically set up to combat cancer, these previously incurable diseases are becoming more easier to fight against, especially if caught early.

If in doubt, please see your GP or visit your local walk-in centre for a thorough check. Better to be safe, then sorry...

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